

G is for Galea. This is the helmet worn by a Roman legionary.

Unlike most of his opponents a legionary could rely on a full set of armour including a stout metal helmet, a Galea.

The helmet would have evolved over time, the Romans being keen improvers. There are many different types of Roman helmet depending on wealth, status and technology.

The iconic dyed horse hair plumes on the top of the helmet would show rank, unit or simply be for decoration. They would generally not be displayed in combat

Our collection late Roman helmet was found at Burgh Castle in 1960.

It would have belonged to an auxillary horseman stationed at the fort, part of Roman defences along the Saxon Shore.



Can you imagine being a Roman soldier ? What would it have been like to wear a Galea ? What would you have seen & heard ?

Put your helmet on and go back in time.....

#Museumathome

#A-Z

#Romans

Be a curator and make your own collection of G objects !